

	AM Session	PM Session
Monday	Maintenance	Maintenance
Tuesday	10:00-12:00 Private Coaching Sessions	13:00-16:00 Private Coaching Sessions
Wednesday	09:30-12:30 Open Session	13:30-16:00 Private Coaching Sessions
Thursday	10:00-13:00 Private Coaching Sessions	13:00-16:00 Open Session
Friday	10:00-13:00 Private Coaching Sessions	13:00-16:00 Open Session
Saturday	09:00-12:00 Family/Youth Session	13:00-16:00 Open Session
Sunday	08:00-11:00 Open Session (Family/Youth Session every other Sunday)	12:00-16:00 Private coaching sessions